



HELPING OTHERS STRENGTHENING COMMUNITY



Crossover Outreach shows the love of Christ by feeding, clothing, and providing services and programs to those in need, restoring hope and rebuilding lives.

“There is no exercise better for the heart than reaching down and lifting people up.” – John Holmes

Why do we feel good when we serve? Is it simply the warm fuzzy feeling we get deep inside? Is it because it's the “right thing” to do? Is it because we believe our standing with friends and family is enhanced by how much and how often we serve? It turns out we are hard wired to serve. There are biological reasons for why we feel good when we serve. Helping others contributes to better health. In the book; *Growing Young: How Friendship, Kindness, and Optimism Can Help You Live to 100*, Marta Zaraska has a lot to say about this very topic. She states that people who volunteer have 29% lower risk of high blood pressure, 17% lower risk of inflammation levels, and spend 38% fewer nights in the hospital. That's all the benefits we need to hear right? Actually no, there's so much more. At some point in our lives we all realize that there's much more than materialism, what society thinks of us, money, simple pleasures, and instant gratification. That's when we start thinking about contributing, giving instead of taking, helping others, leaving behind a legacy, and going beyond our self-centered basic instincts. Helping others is a life changing activity. We were created to build deep and meaningful relationships with one another and when you start helping others, it feels so right and so pure that you connect with yourself and with those you're giving to on a level you never knew existed. By giving to them, you're giving even more to yourself.

The more people get involved in their community and make it better, the stronger the community becomes. The picture above represents exactly that. We are thankful to have teams of volunteers (like this group from Riverdale Baptist Church right here in Flint) partner with us to complete tasks like emptying out and reorganizing our two storage containers, cleaning up shopping carts, and putting together furniture so it's ready to go for our neighbors who need it. Having volunteers helps us focus our time on building deeper relationships with our clients and tending better to their needs. Giving in even simple ways can help those in need and improve your health and happiness.





HELPING IN ACTION

Every year, because of friends like you, we are able to bless 100 families and 20 senior citizens with a full Thanksgiving meal so they may enjoy fellowship and love with their families without worrying where the money for the extra food will come from.

How can you help provide **HOPE** for Thanksgiving?

1. Sponsor a family. (Your gift of \$50 provides a complete Thanksgiving meal for a family in need!)
2. Donate non-perishable food items! (What's your favorite side dish for Thanksgiving—sweet potatoes, gravy, corn, green bean casserole, stuffing, any of these would be perfect!)



WINTER COATS

On November 1st, we will begin giving out warm winter coats for children in need!

We welcome donations of new and gently used coats, as well as hats, mittens, gloves, scarves etc. We look forward to another year of warming people; body, heart & soul!

URGENT NEEDS:

- ◆ Peanut Butter
- ◆ Men's belts
- ◆ Men's jeans, sweatpants, khakis
- ◆ New or gently used coats for adults
- ◆ Women's sweaters/sweatshirts
- ◆ Washcloths and towels

ALERT

FACT

4 Benefits of Volunteering:

1. Volunteering connects you to others.
2. Volunteering is good for the mind, body and soul.
3. Volunteering can advance your career.
4. Volunteering brings fun and fulfillment to your life.

Gifts of Honor & Celebration

Thank you for helping those less fortunate while honoring loved ones or celebrating the milestones in these people's lives.

Linda Turner's Birthday: Ruth Thrash
Luz Ytterrock: Michael Laux

Give HOPE this Christmas!

Each year we have a goal of blessing at least 100 families during the Christmas season! New toys, books, and pajamas for children in need, something small for mom and dad, and blankets and towels for the family help make the season merry and bright!

Ways YOU can help:

***SPONSOR A FAMILY** (you can shop for a specific family)

***MAKE A MONETARY GIFT**
(\$150 will purchase gifts for the entire family—we'll shop for you)

***DONATE TIME**
(we always need help wrapping gifts)

“The greatest good is what we do for one another”

- Mother Teresa



“

The best way to find yourself, is to lose yourself in the service of others - Gandhi

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BACK TO SCHOOL 2022

Our Back to School Program was a huge success this year! Thanks to your generosity, 241 children in need began their school year with confidence. We're still taking requests as needed. Each child received two new outfits, six new pairs of socks and underwear, a new pair of shoes and a new backpack filled with age appropriate supplies. We received an email from a grandmother who wanted to share about her experience with the program. "Thank you so much for helping my grandchildren look good and feel good in their first week back at school. You



blessed them with quality items that we appreciate." When we receive updates like this, we are reminded of our "why"! Thank you again to those individuals, our supporting churches and corporate sponsors who continue to bless the children of Flint & Genesee County!

MONDAY GIVEAWAY

On Monday, September 19, we hosted our first Monday Giveaway! Weather permitting, we will be hosting them the 1st & 3rd Monday's of each month, from 11a-2p. We will have men's, women's and children's clothing, household products, seasonal items and other miscellaneous goods! We are ready to make room for our fall and winter items. Mark your calendars and tell your family and friends! If you know someone in need, please send them to us! We'd love to help them with whatever items we have available. Items will vary from week to week.

If you're dropping items off on Monday, please try to come before 11, or after 2 since our lot will be full of people receiving help. Thank you!



Gifts of Memory

We offer our deepest sympathies to those who have suffered the loss of a loved one and we are truly grateful for the loving donations in their memory.

Michael Zelley: Phil & Milly Caville, Mike & Jill Fischette, Howard & Barb Gillespie, Helen Odea, Francis & Cathy Mercier, Paul & Renee Kotzian, Patrick & Carol Doyle, Wayne & Colleen Sapyak, Thomas & Genora Halligan, Mr. and Mrs. Matt and Kathy Bade, Simon & Diane Yanta, Bob & Pat Sassack, Gary & Ellen Root, Paul Ranville, Mike Ranville, Edgardo & Legi Paguio, Cara Moore, Irene Miller-Hyde, Cecilia Garbo

Janice Smith: David & Nancy Benjamin, Floyd & Mary Robinson, Jr., Caroline Sanderson, Linda Bentley, Daniel & Linda Slosar, James & Vickie Smith, Judy Clippard, Mr. & Mrs. Christopher & Janice Staehli, Jeanette Webster, John Hemingway & Connie Palmer, Tracey L. Larue, Clifford & Carol Lutz, Garrett & Dolores Bartholomew, Karen Warda, Tim & Melissa Bishop, Judy Clippard, Ken & Carol Smith, John & Andrea Hardaker, Rosemary Emerton

Joe Thrash: Tim & Connie Pangle, Lionel & Sue Wernette, Donald & Delores Lada, Judy Clippard

Arden Carpenter: Melissa Crawford, Karen Peterson, Chris & Brandi Woodbury

Jayna Ankley: Len & Sharon Thomas

Ginger Matar: Russell Matar

Hazen & Shirley Germaine: Lisa Kennedy

Jim & Cathy Long: Judy Clippard, Ken & Carol Smith, John & Joan Kippe, Caroline Sanderson, David & Nancy Benjamin, Carl & Linda Leser

Doris Welsh: Judy Clippard

Russel Jay Smith: Robert & Melinda Brewer

WOULD YOU LIKE TO VOLUNTEER?

We need helpers to sort and label clothing, bag up personals and more!

CALL TODAY!



CROSSOVER OUTREACH

414 W. Court Street
Flint, MI 48503

NONPROFIT ORGANIZATION
U.S. POSTAGE PAID
FLINT, MI
PERMIT NO 883

www.crossoveroutreach.org
810-234-2479 | Phone
810-234-8688 | Fax
info@crossoveroutreach.org

STAFF

Andre Brown | Customer Service
Denise Diller | Executive Director
Karen Dukes | Center Coordinator
Tiff Sommers | Development Officer
Luz Ytterrock | Volunteer & Program
Coordinator

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WAYS TO GIVE TO CROSSOVER:



MONETARILY



VOLUNTEER



DONATE ITEMS

*Donations may be made by cash, check or online via our website. Make a promise to give \$10, \$20, or more each month, sponsor a family for our Thanksgiving and/or Christmas programs. Consider leaving a Legacy Gift to Crossover, insuring your gifts will help those in need for years to come. If you have a required minimum distribution from an IRA, consider Crossover as a beneficiary, or engage in passive giving (direct giving through Amazon Smile, Kroger Community Rewards, or others to Crossover Outreach).

*Volunteers are the backbone of any ministry! Thanks to our volunteers, we are able to focus more time on our clients and their various needs! Call, email or just stop by and see how you can help!

*We rely heavily on generous people like YOU to give those items you no longer need. We happily give them to those struggling to make ends meet.